

Determined to succeed 下定决心要成功

英语学习点: 挑战和决心 *Vocabulary: challenge and determination*

What's the most challenging thing you have ever achieved?

This week Claire Lomas, a 32-year-old British woman, achieved the remarkable feat of finishing the London Marathon. What made this achievement all the more amazing is that Claire is paralysed from the chest down.



Since suffering a spinal injury after falling from a horse, Claire has been unable to walk. But her determination to complete the route of the marathon has been seen as hugely courageous, and one that has helped to raise thousands of pounds for charity.

Claire is able to walk with the assistance of a robotic walking suit, which supports the weight of her body and allows her to balance whilst standing. The suit also enables the user to walk small distances, but Claire's perseverance saw her complete the entire physically gruelling 26-mile journey.

For sixteen days, Claire woke each morning and doggedly continued her course around London, one mile at a time. With the help of an assistant to support her, she steadily and progressively walked the exact route of the other 36,000 marathon runners.

Her accomplishment was greeted by hundreds of cheering supporters who watched her final, brave steps across the finish line in front of Buckingham Palace.

Her tenacity and plucky attitude has raised speculation about what challenge Claire may tackle next. Some people have even suggested she could take a shot at swimming the English Channel.

词汇表请参看答案与词汇部分

Quiz 测验

阅读短文并回答问题。

1. How did Claire suffer her spinal injury?
2. Claire has lots of determination. Can you find a word in the text which means 'to have determination'?
3. Is this statement true, false or not given? *Claire took twenty days to complete the route of the London Marathon.*
4. Can you find an adjective which describes the 26-mile journey?
5. If Claire takes a shot at swimming the English Channel, does that mean she will shoot at it with a gun?

Exercise 练习

请你在不参考课文的情况下完成下列练习。从每个表格中选择一个意思合适的单词填入句子的空格处。

1. Dave made a _____ effort to enjoy dinner with his overbearing mother-in-law.

finish	determined	achievement	mistake
--------	------------	-------------	---------

2. Emma received the award on the basis of her _____ and her commitment to community service.

laziness	fear	remarkable	perseverance
----------	------	------------	--------------

3. The soldiers fought _____ night and day to protect the building from enemy attack.

cowardly	marathon	accomplishment	doggedly
----------	----------	----------------	----------

4. If Joe succeeds in passing all of his exams it will be an amazing _____.

exam	accomplishment	brave	conviction
------	----------------	-------	------------

5. The home team put up a _____ display and were rewarded with a goal in extra time.

tenacity	shy	doggedly	plucky
----------	-----	----------	--------

Answers and Glossary 答案与词汇

Quiz 小测验

1. How did Claire suffer her spinal injury? She fell from a horse.
2. Claire has lots of determination. Can you find a word in the text which means 'to have determination'? Tenacity
3. Is this statement true, false or not given? *Claire took twenty days to complete the route of the London Marathon.* False. Claire took sixteen days to complete the route of the London Marathon.
4. Can you find an adjective which describes the 26-mile journey? Gruelling
5. If Claire takes a shot at swimming the English Channel, does that mean she will shoot at it with a gun? No, it means she will attempt to swim the English Channel.

Exercise 练习

1. Dave made a **determined** effort to enjoy dinner with his overbearing mother-in-law.
2. Emma received the award on the basis of her **perseverance** and her commitment to community service.
3. The soldiers fought **doggedly** night and day to protect the building from enemy attack.
4. If Joe succeeds in passing all of his exams it will be an amazing **accomplishment**.
5. The home team put up a **plucky** display and were rewarded with a goal in extra time.

Glossary 词汇表

challenging	挑战
feat	壮举
achievement	成就
paralysed	瘫痪
determination	决心
courageous	有勇气的
perseverance	毅力
gruelling	艰苦的
doggedly	顽强地
steadily	稳步的
accomplishment	成就
brave	勇敢
tenacity	韧性
plucky	大胆的
tackle	解决
take a shot at	尝试